



Stow Lodge Hotel

Breakfast Menu.



Open Daily 8.00am to 9.30am.
 Non Residents £19.95. per person including VAT.

Please choose one item only, from each section.

Orange, Apple, Pineapple, Cranberry or Tomato Juice.

Fresh Grapefruit.	Grapefruit Segments.
Prunes.	Bran Flakes.
Porridge.	Cornflakes.
Muesli.	Weetabix.
Gluten Free Rice Pops.	Various Yoghurts.

Full English Breakfast.

*Grilled Bacon, Sausage, Tomato, Fried Mushrooms, Baked Beans
 Fried Bread & a choice of Fried, Poached or Scrambled Egg.*

OR

Vegetarian Breakfast.

*Vegetarian Sausage, Poached Egg, Fried Mushrooms,
 Grilled Tomato, Fried Bread & Baked Beans.*

OR

Smoked Kipper Fillets.

OR

Cold Home-cooked Ham with Fresh Tomato.

Pot of Stow Town Filter Coffee *(Regular or Decaf)*.

OR

Pot of Tea *(Regular, Green, Mint, Chamomile, Earl Gray or Decaf)*

White or Brown Toast

With Tiptree Orange Marmalade or Honey or Various Jams.